Welcome to Outdoor Adventures’ Beginning Rock Climbing Course! This weekend we will set up some top ropes, climb around outside, and discuss the fundamentals of climbing. Here are some things to know for the weekend:

**Participant Gear List:**

This is a general list of what you should consider bringing, please prepare for variable weather!

- Shorts and a t-shirt
- Pants and a long sleeved shirt
- Fleece or wool jacket/sweater
- Windproof and/or waterproof shell
- Food for the day including lunch & plenty of snacks
- At least 2 liters of water
- Sunscreen and sunglasses
- Comfortable shoes for light hiking
- Personal climbing gear if you have it! (Harness, Chalk bag, Shoes, Helmet, belay device, locking carabiner)
- Personal medications (inhaler, epipen, etc...)
- Extra money (For gas and potentially dinner)

**Transportation:**

Will be provided.

The drive takes approximately 1 hour. We try to get back to Davis by 6pm, however, can not guarantee a return time.