## SMALL GROUP SUMMER SESSION 1 2021

**June 21 - July 30, 2021**

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### Morning Classes

- **SGT: HiIT Strength Body Bootcamp**
  - 10-11 a.m. (Rig) (Sara)

- **Stacked and Jacked**
  - 10-11 a.m. (Rig) (Mike)

### Afternoon Classes

- **TRX**
  - 11:15 a.m.-12:15 p.m. (Rig) (Austin)

### Evening Classes

- **Intro to Yoga**
  - 5-6 p.m. (Rig) (Tamara)

- **HiIT**
  - 6-7 p.m. (Rig) (Sophia)

**LOCATION KEY:**
- (RIG) Rig Space
- (FS) Functional Space
- (MA) Martial Arts Studio
- (FitYard) Outdoor Fit Yard

**ALL Classes this quarter will take place in the Rig Space**

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