



# South Fork American Rafting Information Sheet

Thank you for signing up for an Outdoor Adventure Whitewater Rafting trip! We could not be more excited to take you on a fun-filled, one-day trip down the South Fork of the American River. The 12-mile section of river we run begins at Camp Lotus and ends at Folsom Lake. Please read below for an overview of your trip with important details included:

## Trip Overview

Upon arriving at Camp Lotus at 9:00am, you will meet your guides for the day, change into river-ready clothes/gear, perform a vehicle shuttle to the takeout location and learn basic rafting safety information before hopping on the river. Once on the water, you will go through a brief introduction by one of our experienced guides on proper paddling technique, basic commands, and a chance to test your new skills on Class II rapids. Lunch will be held at OA's beach site along the river. After a short lunch, you will enter The Gorge and face the Class III rapids of Satan's Cesspool, Hospital Bar, and others. We generally reach Folsom Lake (the end of our trip) around 4:00pm.

## Transportation

- You must provide your own transportation to Camp Lotus the morning of the trip. It is each participant's responsibility to find transportation to and from the river.
- Our meeting location in the morning is Camp Lotus, 5461 Bassi Rd Lotus, CA 95651, which is approximately 1 hour and 15 min from Davis.
- Please arrive at this location at 9:00am.
- You do not need to pay for parking at this location as we will doing a vehicle shuttle to take out before putting on the river.
- Please make sure to bring \$10 cash to pay for parking at the take out location.

## Shuttle

- The vehicle shuttle at the beginning of the day will consist of the participant drivers (only) and the OA drivers caravanning their vehicles from Camp Lotus to our rafting end point, Salmon Falls.
- Once arriving at Salmon Falls, the drivers will pay the \$10 parking fee, lock up anything they don't want on the river, and give their keys to the OA staff. These keys will be locked into an OA vehicle so you don't need to worry about them getting lost on the river.
- Once this is completed, all of the drivers will get back into an OA vehicle and be driven back to Camp Lotus. This shuttle allows participants arrive at their cars at the end of the day so they can head home directly from takeout.
- You must check in at Camp Lotus first.

## Maps

[Google Maps Directions from Outdoor Adventures, Davis to Camp Lotus](#)

[Google Maps Directions from Camp Lotus to Salmon Falls](#)

## Clothing/ Items to Bring

*Please Note: Cotton is strongly discouraged because of its cooling properties*

- Shirt (long/short sleeve) to prevent sunburn
- Swimsuit
- Tennis shoes/sandals w/ankle strap (no flip flops or crocs)
- Nylon shorts
- Hat for shade w/leash
- Sunglasses w/leash
- Change of clothes and towel when you return to your car
- Sunscreen
- Water bottle with strap to attach it to the raft (please no single use water bottles)
- \$10 cash for parking

## Food

This trip does not include food, so eat a hearty breakfast and pack snacks and a lunch in a non-crushable container. We recommend a plastic Tupperware that contains your lunch. A ziplock bag will work but your lunch may be crushed! Bring something to drink (no alcohol and no glass bottles or containers that are likely to break/leak). Each raft will have a water jug as a backup for communal water, but everyone should still bring a water bottle!

## What Outdoor Adventures Will Provide

- Wetsuits
- Splash jackets
- Helmets
- PFDs (life jackets)
- Paddles
- Communal first aid and safety gear

## Cancellation/Refund Policy

All reservations are final. Refunds will be granted only if we can sell your spot on the trip or if OA cancels the class for any reason. If a trip is cancelled by OA you will receive a full refund. If you cancel your spot and we can sell it, you will be given a full refund in OA credit or a refund minus \$10 processing fee.

Participants who are intoxicated or under the influence of illegal drugs will not be allowed on the trip.