

SGT Summer Session 2 2025

Small Group Training
August 4rd - September 12th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING			Intro to Strength Training 8:00 - 9:00 am Brandon (Racquetball Court)				
			Pilates 9:30 - 10:30 am Sammie (Studio B)				
AFTERNOON							
Evenings							

REGISTER FOR A CLASS:



NOTE: Admission into SGT classes requires paid registration outside of the Try Before You Buy period (first two weeks of classes).

Registration can be found via the Rec Portal within the Living Well icon at <https://rec.ucdavis.edu/> or by scanning the QR code to the left. View our website for the most updated information on adjusted schedules or cancellations.