

SERIES Fall 2022 (Martial Arts and Dance Classes)

Sept 26th-Dec 3rd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Self Defense 8am,9am,10am Andrea (Studio C)		Self Defense 8am,9am,10am Andrea (Studio C)		
						MA Self Defense 12p-1pm Chloe (Studio D)
		Hapkido 5-6pm Louman (Studio D)	Boxing 3-4pm 4-5pm Padma (Studio D)			Wing Chun Kung Fu 5-6pm Louman (Studio D)
	Brazilian Jiu-Jitsu 6pm- All Levels 7pm-Experienced Pedro (Studio D)	Tango 6-7pm Aramo (Studio C)	Brazilian Jiu-Jitsu 6pm- All Levels 7pm-Experienced Pedro (Studio D)	Wing Chun Kung Fu 5-6pm Louman (Studio D)	Brazilian Jiu-Jitsu 6pm- All Levels 7pm-Experienced Pedro (Studio D)	
	Jazz 6:45-7:45pm Julia (Studio B)	Latin Fusion 7-8pm Maria (Studio C)	Salsa and Bachata 6:30-7:30pm Christina (Studio C)			
	Line Dancing 8-9pm Emily (Studio B)	MA Self Defense 8-9pm Chloe (Studio C)	Salsa and Bachata Experienced 7:30-8:30pm Christina (Studio C)			
		Hip Hop 8-9pm Evie (Studio B)	Ballroom/Latin/Swing 8:30-9:30pm Christina (Studio C)			