Sports Clubs Safety Officers Meeting
Roles and Responsibilities
Welcome and Thank You!

What were covering today:

- Safety Officer Duties
- Certifications Needed
- Concussion Education
- Athletic Training Services
Sport Clubs Administration

Director, Campus Recreation - Deb Johnson
Associate Director - Jeff Heiser
Assistant Director - Ben Dao
Club Sports Coordinator - Abby DeLa’O
Competitive & Youth Sports Coordinator - Danielle Jones
Competitive & All Access Recreation Coordinator - Archie Kelly
Athletic Trainer - Shannan Rowe & Heather McGoldrick

STUDENT STAFF:
Managers - each assigned 2-4
Sport Clubs
Supervisors - on field contacts for practices and games
Recorders - in office contacts for all paperwork
SAFETY OFFICERS
Role of Safety Officer

- Provide first aid and CPR as necessary to your team when more highly trained medical personnel are not available.

- Report injuries at away events/unsupervised events.

- Communicate with Athletic Trainer
Responsibilities of Safety Officers

- At least 2 members per Sport Club
  - CPR and First Aid certified
  - Concussion Certified
- Attendance at all events/practices
- Communication and inform all team members
- Document injuries in travel binder
CPR/AED/1st Aid

- Must become certified in First Aid and CPR
  - Upload your certification to DSE

- Certification must stay current throughout 2023-2024 school year.

- **DUE OCTOBER 27!! @ 3PM**
First Aid and CPR

○ UC Davis Fire Station offers training
○ UC Davis Recreation

○ DUE BY FRIDAY, OCT 27 by 3PM
Incident Reports

● Completed by the safety officer for away events
  ○ Communicate with athletic trainer and Pro Staff Coordinator for serious injuries

● Must turn in next day or Monday from weekend events

● All concussions **MUST** be reported
Incident Report

- Fill this out during away events
  - OR if you are an off-campus team

- Complete EVERYTHING on the front.

- Back side is “as needed”
  Be as detailed as possible-->

Put your name as the reporting employee -->
Accident Reports

- In the event someone needs to be transported to the hospital...
  - Call your pro staff coordinator for an update. Phone numbers are located on the first page in the binder.
  - If coordinator is not available, call down the list until you speak with somebody.
- Still complete an incident report.
“Off Campus” Binder

- All off campus sport club will be given binder TONIGHT
- Binders will be turned in MONTHLY to your manager/pro staff
- Incident reports need to be reported asap
- Replenish of waivers/forms can be provided at any time
- Safety officer’s job is to keep track of this.
Case Studies

○ Need to qualify for tournament so when do you need to turn in travel paperwork?

○ Roster is unclear for game: What should you do?

○ Injured at away game: what do you do?
Concussion Basics
Concussion Safety Training

- Concussion Certification
  - DSE link
  - LMS Online training
    - You will get an email from sdps@ucdavis.edu

- Must be completed by OCT 27
What are the common symptoms associated with concussions?

- Headaches/pressure in head
- Feeling/appearing confused/disoriented
- Nausea or vomiting
- Balance problems/dizziness
- Double vision; uneven pupil size
- Sensitivity to noise or light
- Memory problems
- Personality changes
- Loss of consciousness
- “not feeling right”

REMEMBER: Even if symptoms don’t immediately appear, they may have a concussion
What to do if you have a concussion?

○ Staff, Coach, Safety Officer, or injured player will pull player from practice or event

○ Get checked out by a doctor/athletic trainer

○ If you have a concussion
  ● Must report to the sport club AT **EVERYDAY**
  ● No physical activity
  ● Must complete a 4 day return to play protocol to be cleared to play
What could happen if a concussion is left untreated and your teammate continues to participate?

○ Persistent symptoms
  • Poor athletic and academic performance

○ Second concussion or impact
  • Prolonged recovery
  • Permanent brain damage
  • Death
Baseline Concussion Testing

- Monday’s 5:30-6:30PM
- MAC GYM
- 1st come first serve
Athletic Trainer Locations

Pavilion Fitness Studio  (For evals & Treatment)
→ Pavilion Northeast Entrance.
→ Walk around the concourse.
→ Located between southeast and southwest corners.
→ Located after the Soccer Locker Rooms.

ARC Office  (For concussion testing & Misc.)
ARC entrance to building- facing the parking lot.
Next to the men’s & women’s locker rooms.

Fall Quarter Hours: M-TH 12-3PM
Make Appointments at rec.ucdavis.edu
Thank you!

Have a safe and successful year!!