Sports Clubs Safety Officers Meeting

Roles and Responsibilities



Welcome and Thank You!

What were covering today:

- Safety Officer Duties
- Certifications Needed
- Concussion Education
- Athletic Training Services

Sport Clubs Administration

Director, Campus Recreation - Deb Johnson
Associate Director - Jeff Heiser
Assistant Director - Ben Dao
Club Sports Coordinator - Abby DeLa'O
Competitive & Youth Sports Coordinator- Danielle Jones
Competitive & All Access Recreation Coordinator- Archie

Athletic Trainer - Shannan Rowe & Heather McGoldrick

STUDENT STAFF:

Kelly

Managers - each assigned 2-4
Sport Clubs
Supervisors - on field contacts
for practices and games
Recorders - in office contacts
for all paperwork





















SAFETY OFFICERS





Role of Safety Officer

- Provide first aid and CPR as necessary to your team when more highly trained medical personnel are not available.
- Report injuries at away events/unsupervised events.



 Communicate with Athletic Trainer

Responsibilities of Safety Officers



- At least 2 members per Sport Club
 - CPR and First Aid certified
 - Concussion Certified
 - Attendance at all events/practices
 - Communication and inform all team members
- Document injuries in travel binder

CPR/AED/1st Aid

- Must become certified in First Aid and CPR
 - Upload your certification to DSE

- Certification must stay current throughout 2023-2024 school year.
- DUE OCTOBER 27!! @ 3PM

First Aid and CPR

- UC Davis Fire Station offers training
- UC Davis Recreation
- DUE BY FRIDAY, OCT 27 by 3PM

Incident Reports

- Completed by the safety officer for away events
 - Communicate with athletic trainer and Pro Staff Coordinator for serious injuries

Must turn in next day or Monday from weekend events

All concussions <u>MUST</u> be reported

Incident Report

- Fill this out during away events
 OR if you are an off-campus team
- Complete EVERYTHING on the front.
- Back side is "as needed"

Be as detailed as possible-->

Put your name as the reporting employee -->

	, Davis, CA 95616	Unit:		
Phone: (530) 752-1730		Activity:		
Date/Time/Location of Incident:				
Date: Time:AM	PM Location	1:		
Patron Information:				
Name:	Preferred Phone	#:		
Email: Student/ Mer	Student/ Member ID: DOB:			
Address:				
Street Injury:	City	State	Zip Code	
Injury and Body Part Affected:	Where was the	Where was the injured taken after incident:		
Sint Aid Cines 2	Method of Tra	Method of Transportation:		
First Aid Given? Yes No If yes, by whom and description of care given:	Ambuland	e Private Vehicle		
		t refuse care? Yes	_	
	If yes, Patrons Sig	gnature:	1	
Blood Present? Yes No				
Description: Include what happened, what did you do, was EMS/p	police called, how the situ	uation ended, if they did/did not le	eave with EMS	
			Tun no	
Witness:				
		Email:		
Reporting Department Information: Department Name: <u>Campus Recreation</u> Dept. Co	nde #: 068037	Phone #: (530) 754-012	6	
Address: 232 Activities & Recreation Center- One Shields Av			<u> </u>	
Reporting Employee: Ph	none #:	Email:		
Reporting Employees Supervisor:	Title:			
Reporting Employees Signature:	Date:			
Direct completed forms to UC Davis Risk Management Services within 48 hours. Attach any photos or diagrams. CONFIDENTIAL-ATTOREY PRIVILEGED DOCUMENT				

Accident Reports

- In the event someone needs to be transported to the hospital...
 - Call your pro staff coordinator for an update.
 Phone numbers are located on the first page in the binder
 - If coordinator is not available, call down the list until you speak with somebody.
- Still complete an incident report.



"Off Campus" Binder

- All off campus sport club will be given binder TONIGHT
- Binders will be turned in <u>MONTHLY</u> to your manager/pro staff
- Incident reports need to be reported asap
- Replenish of waivers/forms can be provided at any time
- Safety officer's job is to keep track of this.



Case Studies

O Need to qualify for tournament so when do you need to turn in travel paperwork?

 Roster is unclear for game: What should you do?

Injured at away game: what do you do?



Concussion Basics



Concussion Safety Training

- Concussion Certification
 - DSE link
 - LMS Online training
 - You will get an email from sdps@ucdavis.edu

Must be completed by OCT
 27

What are the common symptoms associated with concussions?

- Headaches/pressure in head
- Feeling/appearing confused/disoriented
- Nausea or vomiting
- Balance problems/dizziness
- Double vision; uneven pupil size
- Sensitivity to noise or light
- Memory problems
- Personality changes
- Loss of consciousness
- "not feeling right"

REMEMBER: Even if symptoms don't immediately appear, they may have a concussion

What to do if you have a concussion?

- Staff, Coach, Safety Officer, or injured player will pull player from practice or event
- Get checked out by a doctor/athletic trainer
- If you have a concussion
 - Must report to the sport club AT EVERYDAY
 - No physical activity
 - Must complete a 4 day return to play protocol to be cleared to play

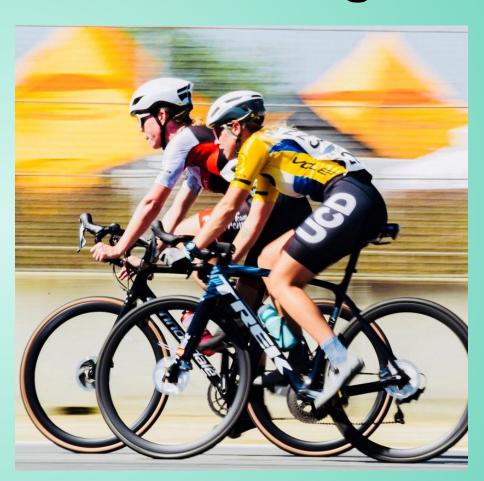
What could happen if a concussion is left untreated and your teammate continues to participate?

- Persistent symptoms
 - Poor athletic and academic performance
- Second concussion or impact
 - Prolonged recovery
 - Permanent brain damage
 - Death



Baseline Concussion Testing

- Monday's 5:30-6:30PM
- MAC GYM
- 1st come first serve



Athletic Trainer Locations

Pavilion Fitness Studio (For evals & Treatment)

- → Pavilion Northeast Entrance.
- → Walk around the concourse.
- → Located between southeast and southwest corners.
- → Located after the Soccer Locker Rooms.

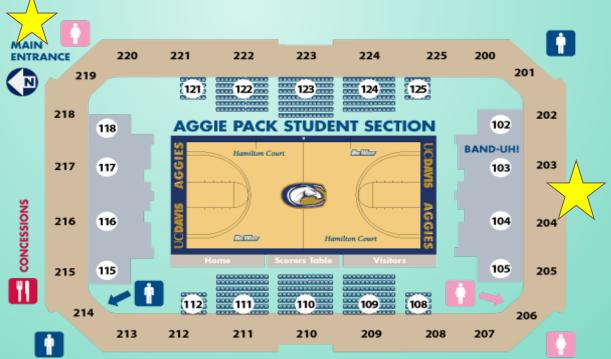
ARC Office (For concussion testing & Misc.)

ARC entrance to building- facing the parking lot.

Next to the men's & women's locker rooms.

Fall Quarter Hours: M-TH 12-3PM

Make Appointments at rec.ucdavis.edu



Thank you!

Have a safe and successful year!!

