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<thead>
<tr>
<th>SUNDAY</th>
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<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td>ARC Hours 5 a.m. – 7 p.m. (Studio A)</td>
<td>Early Morning Yoga-Christina 5:30-6:30 a.m. (Studio B)</td>
<td>Cardio/Strength Fusion-Kayleigh 9:30-10:30 a.m. (Studio B)</td>
<td>Cycle-Brandon 11:15-12:15 p.m. (Studio A)</td>
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